

Monday

Tuesday

Wednesday

Thursday

Friday

March 2019

SCHERTZ AREA 
SENIOR CENTER

608 Schertz Parkway
 Schertz, TX 78154 (210) 619-1970
 Mon. – Thurs. 9am – 4pm/Friday 9am – 5pm

<p>9 – 11 Pickleball @ the Y 9:00 AOA Adaptive Yoga - Angie 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Water Fit @ AC 10:35 Gentle Yoga @ the Y 12:30 Bingo: Hope Hospice 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Fat Tuesday Parade 10:35 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:00 Silver Sneakers Classic 1:30 Chair Volleyball 2:00 Lighthouse LVC</p>	<p>9 – 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo – Tidewater 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 CE Series: Twisting Truth</p>	<p>9:00 Walking Club Begins 9:00 AOA Adaptive Yoga 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga 10:00 Walk Across Texas Begins 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 Looming with Lupe 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Ceramics w/ Connie 1:30 Chair Volleyball 2:00 Silver Sneakers Classic</p>	<p>9 – 11 Pickleball @ the Y 9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 FLS: City of Cibolo Police - CRAISE 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 7's & Canasta 12:30 2nd Friday Bingo Esplanade Gardens Chair Volleyball</p>
<p>9 – 11 Pickleball @ the Y 9:00 AOA Adaptive Yoga/Angie 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Water Fit @ AC 10:35 Gentle Yoga @ the Y 12:30 Bingo – Humana 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>Casino Trip – All Day 9:00 Walking Club 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:35 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:00 Silver Sneakers Classic 1:30 Chair Volleyball</p>	<p>Popcorn Raffle Day 9 – 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo – NY Life 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 CE Series: Twisting Truth</p>	<p>9:00 Walking Club 9:00 AOA Adaptive Yoga - Rose 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:00 Walk Across Texas 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 Painting w/ Pat 12:30 Looming with Lupe 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Chair Volleyball 2:00 Silver Sneakers Classic</p>	<p>9 – 11 Pickleball @ the Y 9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 FLS: Hope Hospice 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 7's & Canasta 12:30 Line Dancing 1:30 Chair Volleyball BINGO Night Hosted by TruCare: 6 – 8 pm</p>
<p>9 – 11 Pickleball @ the Y 9:00 AOA Adaptive Yoga/Angie 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Water Fit @ AC 10:35 Gentle Yoga @ the Y 12:30 Bingo – Olympia Hills FD 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>9:00 Walking Club 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Choir Concert 10:35 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:00 Silver Sneakers Classic 1:30 Chair Volleyball 1:30 WellMed Lecture Series</p>	<p>9 – 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo – NBRRH 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 CE Series: Twisting Truth</p>	<p>9:00 Walking Club 9:00 AOA Adaptive Yoga - Rose 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:00 Walk Across Texas 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 Roundtable & Advisory Mtg 12:30 Looming with Lupe 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Chair Volleyball 2:00 Silver Sneakers Classic</p>	<p>9 – 11 Pickleball @ the Y 9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 7's & Canasta 12:30 Line Dancing 1:30 Chair Volleyball Spring Craft Fair Friday & Saturday 9 am – 3 pm</p>
<p>9 – 11 Pickleball @ the Y 9:00 AOA Adaptive Yoga/Angie 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Water Fit @ AC 10:35 Gentle Yoga @ the Y 12:30 Bingo – SilverTree 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>9:00 Walking Club 9:00 Zumba Gold w/ Lisa 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Schertz Library IT Tech Help 10:35 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:00 Silver Sneakers Classic 1:30 Chair Volleyball 2:00 Markers & More</p>	<p>9 – 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo – City of Cibolo 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 CE Series: Twisting Truth</p>	<p>9:00 AOA Adaptive Yoga - Rose 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:00 Walk Across Texas 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 Painting w/ Pat 12:30 Looming with Lupe 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Chair Volleyball 2:00 Silver Sneakers Classic</p>	<p>United Healthcare Monthly Birthday Party & Raffle 9 – 11 Pickleball @ the Y 9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 7's & Canasta 12:30 Line Dancing 1:30 Chair Volleyball</p>

Activities & Classes are subject to change and cancellation. Cards & Games played daily in the Main Area.