


Monday		Tuesday		Wednesday		Thursday		Friday	
9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y <b>12:30 Bingo – Esplanade Garden</b> 12:00 Poker 12:00 7's & Canasta 1:30 - 3 Pickleball @ the Y 1:30 Sewing & Crafts 1:45 Line Dancing 2:30 Chair Volleyball	<b>3</b>	9:00 Zumba Gold 9:30 Choir Practice 9:45 Wii Bowling 10:00 AOA Chair Yoga 10:35 Aqua Zumba @ AC 12:30 Pinochle <b>12:30 Wii Bowling</b> 12:30 Looming Looms 1:00 Silver Sneakers Classic <b>2:00 Zumba Gold</b> <b>2:30 Lighthouse LVC</b> <b>Y Healthy Living</b> <b>6 – 8 Faith &amp; Finance</b>	<b>4</b>	9:15 Aqua Interval Training @AC 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Yoga Restore @ the Y <b>12:30 Bingo – The Brokerage</b> 12:30 Double Pinochle 1:30 - 3 Pickleball @ the Y 1:30 Coloring Book Club 1:45 Line Dancing <b>2:00 Turning 65 on 6/5 Talk</b>	<b>5</b>	<b>Senior Roadtrip</b> 9:00 AOA Adaptive Yoga 9:00 Zumba Gold 9:45 Wii Bowling 10:00 AOA Chair Yoga 12:00 Poker <b>12:30 Wii Bowling</b> 12:30 AgriLife 12:30 Looming Looms 12:30 Mahjong 1:00 AOA Stretch & Tone 2:00 Chair Volleyball	<b>6</b>	9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y <b>10:00 Wii Bowling</b> 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:00 7's & Canasta <b>12:30 WellMed</b> <b>First Friday Bingo</b> 1:30 - 3 Pickleball @ the Y 1:30 Chair Volleyball <b>2:00 Paint A Dots</b>	<b>7</b>
9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic <b>10:00 COS Summer Reading</b> 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y <b>12:30 Bingo – Humana</b> 12:00 Poker 12:00 7's & Canasta 1:30 - 3 Pickleball @ the Y 1:30 Sewing & Crafts 1:45 Line Dancing 2:30 Chair Volleyball	<b>10</b>	9:00 Zumba Gold 9:30 Choir Practice 9:45 Wii Bowling 10:00 AOA Chair Yoga 10:35 Aqua Zumba @ AC 12:30 Pinochle <b>12:30 Wii Bowling</b> 12:30 Looming Looms 1:00 Silver Sneakers Classic <b>2:00 Zumba Gold</b> <b>6 – 8 Y Healthy Living</b> <b>6:30 – 8 Faith &amp; Finance</b>	<b>11</b>	<b>Popcorn Raffle Day</b> 9:15 Aqua Interval Training @AC 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 10:35 Yoga Restore @ the Y <b>12:30 Bingo – NY Life</b> 12:30 Double Pinochle 1:30 - 3 Pickleball @ the Y 1:30 Coloring Book Club 1:45 Line Dancing <b>2:30 Chair Volleyball</b>	<b>12</b>	9:00 AOA Adaptive Yoga 9:00 Zumba Gold 9:45 Wii Bowling 10:00 AOA Chair Yoga <b>10:00 WellMed Health Screenings</b> 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 AgriLife 12:30 Looming Looms 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:00 AOA Stretch & Tone 2:00 Chair Volleyball	<b>13</b>	9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic <b>10:00 Wii Bowling</b> 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 7's & Canasta <b>12:30 2<sup>nd</sup> Friday Bingo</b> <b>4 Seasons's Hospice</b> <b>Father's Day Celebration</b> 1:30 - 3 Pickleball @ the Y 1:30 Chair Volleyball	<b>14</b>
9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y <b>12:30 Bingo – TruCare</b> 12:00 Poker 12:00 7's & Canasta 1:30 - 3 Pickleball @ the Y 1:30 Sewing & Crafts 1:45 Line Dancing 2:30 Chair Volleyball	<b>17</b>	9:00 Zumba Gold 9:30 Choir Practice 9:45 Wii Bowling 10:00 AOA Chair Yoga <b>10:30 Choir Concert</b> 10:35 Aqua Zumba @ AC 12:30 Pinochle <b>12:30 Wii Bowling</b> <b>1:00 WellMed Lecture Series</b> 12:30 Looming Looms 1:00 Silver Sneakers Classic <b>2:00 Zumba Gold</b> <b>Y Healthy Living</b> <b>6 – 8 Faith &amp; Finance</b>	<b>18</b>	9:15 Aqua Interval Training @AC 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y <b>9 - 4 Summer Staycation Station</b> 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Yoga Restore @ the Y <b>12:30 Bingo – pending</b> 12:30 Double Pinochle 1:30 - 3 Pickleball @ the Y 1:30 Coloring Book Club 1:45 Line Dancing 2:30 Chair Volleyball	<b>19</b>	9:00 AOA Adaptive Yoga 9:00 Zumba Gold 9:45 Wii Bowling 10:00 AOA Chair Yoga 10:30 Ask Bruce - Gadget Play 12:00 Poker <b>12:30 Wii Bowling</b> 12:30 AgriLife 12:30 Looming Looms 12:30 Be Senior Tech-Savvy 1:00 AOA Stretch & Tone 2:00 Chair Volleyball	<b>20</b>	9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic <b>10:00 Wii Bowling</b> 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit <b>10:30 FLS: Hope Hospice</b> 12:00 Hand & Foot 12:30 7's & Canasta <b>12:30 Line Dancing</b> <b>1:00 Mandalay Collages</b> 1:30 - 3 Pickleball @ the Y 1:30 Chair Volleyball	<b>21</b>
9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic <b>10:00 COS Summer Reading</b> 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y <b>12:30 Bingo – SilverTree</b> 12:00 Poker 12:00 7's & Canasta 1:30 - 3 Pickleball @ the Y 1:30 Sewing & Crafts 1:45 Line Dancing 2:30 Chair Volleyball	<b>24</b>	<b>9 - 3 AARP Driving School</b> 9:00 Zumba Gold 9:45 Wii Bowling 10:00 AOA Chair Yoga 10:35 Aqua Zumba @ AC 12:30 Pinochle <b>12:30 Wii Bowling</b> 12:30 Looming Looms 1:00 Silver Sneakers Classic <b>2:00 Zumba Gold</b> <b>6 – 8 Y Healthy Living</b> <b>6:30 – 8 Faith &amp; Finance</b>	<b>25</b>	9:15 Aqua Interval Training @AC 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y <b>9 - 4 Summer Staycation Station</b> 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Yoga Restore @ the Y <b>12:30 Bingo – City of Cibolo</b> 12:30 Double Pinochle 1:30 - 3 Pickleball @ the Y 1:30 Coloring Book Club 1:45 Line Dancing 2:30 Chair Volleyball	<b>26</b>	9:00 AOA Adaptive Yoga 9:00 Zumba Gold 9:45 Wii Bowling 10:00 AOA Chair Yoga 10:30 Ask Bruce - Gadget Play 12:00 Poker <b>12:30 Wii Bowling</b> 12:30 AgriLife 12:30 Looming Looms 12:30 Be Senior Tech-Savvy 1:00 AOA Stretch & Tone 2:00 Chair Volleyball	<b>27</b>	<b>Monthly Birthday Party &amp; Raffle</b> 9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic <b>10:00 Wii Bowling</b> 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 7's & Canasta 12:30 Line Dancing 1:30 - 3 Pickleball @ the Y 1:30 Chair Volleyball	<b>28</b>

SCHERTZ AREA  SENIOR CENTER

# June 2019

*Your Senior Summer Staycation Spot!*

**Activities & classes are subject to change and cancellation. Cards & games played daily in the Main Area.**